

HOUSING RESOURCES

Sacramento County Homeless Housing Programs:

Access to Next Move Homeless Services' Permanent Supportive Housing programs as well as other county programs are through county referral only. In order to start the process please call 2-1-1 (1-800-500-4931 or 916-498-1000). They will ask you some questions about your situation, and if you qualify, they will schedule you for an appointment at an Access Point for an assessment.

Sacramento Housing and Redevelopment Agency:

In order to apply for housing through SHRA, please visit www.sacwaitlist.com

Mercy Housing:

Each Mercy Housing community has its own leasing office and its own application process. Find a list of communities and search by city by visiting www.mercyhousing.org/find-housing/how-to-apply/

Mutual Housing:

Mutual Housing owns and operates 19 affordable housing communities in Sacramento and Yolo County. To find a list of Mutual Housing Communities please visit www.mutualhousing.com/ and click on "List of Mutual Housing Communities."

Notes:

Street Sheet



Revised April 2024

1422 C St.

Sacramento CA 95814

(916) 443-2646

Francishouse@nextmovesacramento.org

<https://www.nextmovesacramento.org/francis-house-center/>

Hours of Operation:

Monday, Tuesday, Thursday and Friday – Francis House is not open on Wednesday.

9:00 AM – 12:00 PM and 1:00 PM – 3:00 PM

Direct Services:

Monday, Tuesday, Thursday and Friday 9:00 AM – 12:00 PM

Doors open exactly at 9:00 AM. Clients will be expected to fill out a short daily intake, and service order will be based on the requested service.

DMV Voucher for CA-ID:

Please bring documentation with your name on it showing you are currently receiving government benefits (i.e. EBT card, MediCal card, Notice of Action/DHA printout, Social Security award letter) to be eligible for a reduced fee voucher.

Bus Pass:

One bus pass is given every seven days for verifiable medical, dental, or court appointments. Verifiable meaning a written, email, text or voicemail confirmation of the appointment.

Hygiene Kits:

Essential toiletry items are available upon request during normal hours of operation.

Clothing Donation Center:

Must have a Valid ID to enter. Up to 10 items per visit, one visit per calendar month. Open Mon/Tues/Thurs/Fri from 9:00 AM – 12:00 PM.

Additional services available at Francis House Center:

THE DIVERSION PROGRAM

This program provides assistance with utilities, first month's rent, or eviction avoidance to low income families. Application process necessary.

Rental Assistance – to qualify for first month's rental assistance or eviction avoidance, you must have a 3-day pay or quit notice

Utility Assistance – to qualify for assistance with SMUD or PG&E you must have a final, 48-hour, or 15-day shut-off notice.

To complete an application for Diversion Support please come to Francis House Center during our hours of operation.

Homeless Verification and Birth Certificate Affidavits for Homeless Individuals:

Francis House Center does not currently verify homelessness as a 3rd Party. Birth certificate fee waiver affidavits are available to any homeless individual who can provide 3rd Party verification or proof of currently living in a homeless shelter.

"New Eyes" Eye Glass Voucher Program:

Low-income and homeless individuals are eligible to receive one free pair of eyeglasses per year.

You must be able to provide:

- A recent eyeglass prescription from the last 12 months
- Your pupillary distance measurement
- Proof of income

Please email or call to schedule an appointment.

Open Resource Lab:

Tuesdays and Thursday, 9am-12pm. The computer lab is open to any adults who enroll and offers access to the internet.

MOTEL VOUCHERS

CalWORKS:

The CalWORKs Homeless Assistance (HA) Program was established to help families in the CalWORKs program with emergency shelter when a family is experiencing homelessness. CalWORKs HA program serves eligible CalWORKs recipients or apparently eligible CalWORKs applicants, who are homeless or at risk of homelessness. CalWORKs Temporary HA can provide payments for temporary shelter for up to 16 days. Families experiencing homelessness should go into a DHA office (except 1725 28th Street) to get assessed for Homeless Assistance.

North

- Research- 3960 Research Drive, Sacramento CA, 95838
- North Highlands- 5747 Watt Ave, North Highlands, CA 95660

Central

- Fulton- 2700 Fulton Ave, Sacramento, CA 95821
- Rancho Cordova- 10013 Folsom Blvd, Rancho Cordova, CA 95827

South

- Susie Gaines Mitchell- 2450 Florin Rd, Sacramento, CA 95822
- Galt- 210 North Lincoln Way, Galt, CA 95632

The Salvation Army:

916-678-4010

Motel vouchers are available once per year and eligibility is based on need, place of residence, income and hardship of individuals or families. No walk-ins, call for intake and eligibility.

Traveler's Aid:

916-399-9646

Provides motel vouchers to homeless families with minor children in crisis. Must have a monthly income. Telephone only, no walk-ins.

FAMILY SERVICES

Child Abuse Prevention Center:

916-244-1900

Safe Sleep Baby
Every Smile Counts

Sacramento Crisis Nursery:

4533 Pasadena Ave. **916-679-3600**
6699 South Land Park Drive **916-394-2000**

24HR family strengthening program where parents can bring their children, newborn through age five for emergency child care for overnight care during stressful or difficult times.

Sacramento Advocacy for Family Empowerment:

916-855-5427

720 HOWE AVENUE, SUITE 108

Mental health, advocacy & support services to families and youth, free cost. They facilitate a Teen Co-Ed group, Teen Anger Management Group, and Two Family Support Groups (one is Spanish speaking).

LGBT

Drop-In Centers

LGBTQ Drop in Centers (Adults)

916-442-0185 LGBTQ Drop In Center (Youth)

916-442-0185

Ripple

Church for all, MON-FRI 1PM-7PM/SUN 11AM-3PM

916-807-7305

SUPPORT

Parents, Family, and Friends of Lesbians and Gays

www.pflagsacramento.org/

916-978-0410

Transgender Suicide support hotline

<https://www.translifeline.org>

877-565-8860

Family/Friends

Up Lift Family Services

<https://upliftfs.org>

Child and family team facilitation program, transitional housing program, psychiatric services, outpatient mental health services.

916-921-0828

DAY SHELTER / HOSPITALITY CENTERS

Friendship Park (Loaves and Fishes):

N. C Street. : 7am-2pm

A private park providing activities, information, restroom facilities, & etc.

916-443-7378

Maryhouse (Loaves and Fishes):

1321 N. C Street. : 7am-2pm

A daytime shelter for women and children.

916-446-4961

Midtown HART Respite Centers

St. John's Lutheran Church.

Open EVERY TUESDAY from 9:30A.M. – 12:30P.M. A place to warm up, get coffee, and charge your phone.

1701 L Street

Trinity Cathedral

Every Friday 9:30 AM-12:30 PM

2620 Capitol Avenue

SHELTERS

Emergency Family Shelters (Next Move and VOA):

Call: 2-1-1 and dial 8

Required 2-1-1 assessment over the phone Monday – Friday during the hours of 7:30am-11:00pm

Mather Singles Shelter:

10626 Schirra Avenue Mather, CA 95655

Call: 2-1-1 and dial 8

Required 2-1-1 assessment over the phone Monday – Friday during the hours of 7:30am-11:00pm

Union Gospel Mission (Men ONLY):

400 Bannon St **916-447-3268** 5:30-6 P.M. BED SIGN UP 1ST COME 1ST SERVE

Men's Drug & Alcohol Recovery Program – 9 Month Residential Program

Intake Hours: M-Th 10:00-11:00 am and 1:00-2:00pm

Family Promise: 916-443-3107 Committed to helping low-income families achieve lasting independence. 90 Day Program (Families ONLY), will accept boys 14+. Must be working or willing to work, assessment via calling.

First Step Communities: 916-822-4900

1400 North A Street, Sacramento, CA 95811

Call: 2-1-1 and dial 8

Required 2-1-1 assessment over the phone Monday – Friday during the hours of 7:30am-11:00pm

M-F 8A.M.-9P.M./Weekends 1:30PM.-10PM.temporarily closed.

St. John's Program for Real Change:

Vocational Training Program: residential shelter, mental health, AOD, & educational service for single women or women w/ children.

Call for waitlist **916-453-1482**

Mental Health Respite Program: 7-day respite for single women or women with children currently experiencing a mental health crisis.

Call for assessment **916-383-1804**

Wind Youth Services:

916-504-3313

Emergency shelter for youth (18-24 yrs. Old)

Drop-in Center (homeless 12-24 yrs. Old). Everyday 7A.M.-3P.M. Other services provided: street outreach on Wednesdays, case management, mental health referrals, CA-ID vouchers

Meadowview Women's Shelter: Call: 2-1-1 and dial 8

Required 2-1-1 assessment over the phone Monday – Friday during the hours of 7:30am-11:00pm

DAILY NEEDS SERVICES

CLOTHING:

Union Gospel Mission (Men's) 916-447-3268
400 Bannon Street Sacramento 95811
Men's clothing closet and showers. M-Th 9-11am AM, 1-2:45pm. Fri & Sat 9-11am

Union Gospel Mission (Women's) 916-447-3268
400 Bannon Street Sacramento 95811
Women's clothing closet, bible study included. Thursday, 9am-12pm.
Tues & Thurs 9-9:30

MISCELLANEOUS SERVICES:

Sacramento County Veterans Office: 916-874-6811
3970 Research Dr. Sacramento 95838
Walk in Mon-Thurs 8am-4pm. / Fri 9:30A.M. – 4P.M.
Counseling, claim dev., advocacy, benefit entitlement, etc.

Nation's Finest Sacramento: 916-393-8387
7270 E. Southgate Dr. Sacramento 95823
Employment Counseling & Training, Supportive Housing, and Homeless
Prevention

Associated Prison Ministries of California: 916-581-0021
By Appointments Only
Transitional services for the incarcerated, formerly incarcerated, and families.

Legal Services of Northern California: 916-551-2150
Mon-Fri 8:30A.M.-12P.M. & 1P.M.-5P.M.
Problems with public benefits, landlord, tenant; Call for appointment.

Senior Legal Hotline (Sacramento County Only) 916-551-2140
444 N. 3rd St. suite 312

Senior Hotline 1-800-222-1753
Free legal services for seniors and individuals who are low income.

Women's Empowerment Program: 916-669-2307
Mon-Fri 8:30AM.4:30P.M.
Eight-week program for homeless women to develop job skills and personal
strengths.

Disability Action Advocate: 916-838-7001
(CALL TO MAKE APPOINTMENT)
Assistance with applying for SSI/SSDI 1-877-322-1044

Sacramento Works Job Centers:
Call for the nearest location 916-263-3800

Gender Health Center: 916-455-2391
2020 29TH St. #201
genderhealthcenter.org
Programs, advocacy, and counseling for LBGT.

AA Department of Rehabilitation:
(call for the nearest location) 916-558-5300
Free services to help the disabled work and live independently.

COUNSELING CENTERS

A Community for Peace: 916-728-5613 Phone/Zoom Appointment Call to make Appointment

Harmony House Crisis Line: 916-728-7210

Wellspace Health Counseling: 916-737-5555
Mon-Fri 8A.M. to 5P.M.
Scale fee, A&D counseling, group counseling, and HIV test by appointment.

Community Against Sexual Harm (CASH): 916-856-2900
cashesac.org
Help for trafficked and sexually exploited women. Peer Support & Harm Reduction

Sacramento Food Bank & Family Services 916-456-1980
333 3rd Avenue Sacramento 95817
Clothing Program and JobSmart program available by appointment only.

HOT MEALS:

Francis House Center 916-443-2646
1422 C St
Tuesdays/Thursdays. Meal served at 10AM
First come, first served. Approximately 20 meals available.

Loaves and Fishes: 916-446-0874
1321 N. C. St
Meals provided Mon-Fri 11:30A.M.-1P.M., Sat & Sun 11AM.-12:30P.M.

St. Ignatius Loyola Parish: 916-482-9666
3235 Arden Way Sacramento 95825
Meals served 6 PM-10 PM on the last Wednesday of the month.

St. Vincente de Paul: 916-781-3303
105 Bonita Ave
Tuesday, Wednesday, Thursday 12P.M to 1:30P.M.
Sunday, Saturday 2:30P.M. to 4P.M.

Union Gospel Mission: 916-447-3268
400 Bannon St. (North B St. at 12th)
No Requirements needed
Everyday 7:30P.M.

PANTRIES & DISTRIBUTIONS

Midtown Pantry 1617 25th Street
Midtown Mini Fridge 1322 F Street
Oak Park Fridge 4200 4th Street

Sacramento Food Bank & Family Services 916-456-1980 3333 3rd Avenue
Sacramento 95817
Various distributions through Sacramento. Visit:
<https://www.sacramentofoodbank.org/find-food>

SHOWERS

Show Up Sacramento (Mobile Showers)
116 N. 16th Street (Pipeworks)- Wednesdays, 11am-4pm.
22nd & J Street (First United Methodist)- Tuesdays, 8am-12pm.

HEALTH SERVICES

MENTAL HEALTH SUPPORT

Guest House Homeless Clinic (El Hogar):

916-440-1500 600 Bercut Dr. Sacramento 95811

www.elhogarinc.org/guest-house-homelessclinic/

Outpatient medication and mental health support services to adults experiencing homelessness and struggling with mental health challenges.

Sacramento Mental Health Urgent Care Clinic:

Phone: (916) 520-2460

Fax: (916) 520-2459

Address: 2130 Stockton Blvd, #300, Sacramento, CA 95817

Sacramento County Mental Health Services (No walk-ins):

24HR 916-875-1000

Crisis Line 916-732-3637

Adult Services 916-875-1055

Children’s Services 916-875-9980

Hope Cooperative Respite Center 916-737-7483

Any Sacramento County resident at least 18-year-old who is in mental health crisis (23-hour max stay). Transportation provided. Assess eligibility over the phone.

Wellness and Recovery Center (WRC) 916-394-9195

All activities and services currently Zoom-based.

7171 Bowling Drive, STE 300, Sacramento

<https://www.consumersselfhelp.org/>

Groups and other Wellness Services MON-SAT 9AM-5PM Clinical Services (including psychiatry) MON-FRI 9AM-5PM

Abiding Hope Respite Services 916-287-4860

<https://www.tpcp.org/programs/abiding-hope/>

7-14 day respite facility for individuals 18+ with psychiatric disability.

NAMI Sacramento: 4625 44th

Street <https://namisacramento.org/contact/>

916-890-5467 Support for individuals coping with mental illness and their families. Offering crisis help, support groups, NAMI educational courses, and an extensive list of resources.

HIV/AIDS SUPPORT

Harm Reduction Services:

916-456-4849

Mon-Fri 12-6P.M. (walk-ins) 2800 Stockton Blvd. Free medical clinic most Saturdays 12-5P.M. (sign up at 12P.M. at 3647 40th St.

Golden Rule Services:

916-427-4653

4433 Florin Rd. suite 860 goldenruleservicesacramento.org

Mon-Fri 9A.M.-5P.M. (By appointment).

Free HIV, STD & HEP C testing, needle exchange, condom distribution, and HIV prevention.

One Community Care:

916-443-3299

1500 21st Street

Provide HIV services, ensuring continued health care to patients after testing positive for HIV.

GENERAL HEALTH

Wellspring Women’s Center:

916-454-9688 3414 4TH Ave. Sacramento 95817

Drop-in hospitality center for women and children. Nutritious breakfast and light lunch is served Monday through Friday from 8:30A.M. - 11:00 A.M. Diapers, Bus tickets, hygiene items, and mail service may be available.

Willow Medical Clinic:

916-572-4502

Phone Appointments Only

Call to make appointment

Medical help every Sat 9A.M.-1P.M., for homeless & uninsured, first come first served. (Current TB card required)

Sacramento LGBTQ Community Center

916-442-0185

www.saccenter.org

1927 L St., Sacramento

ADDICTION SUPPORT:

Opioid Addiction Treatment Centers:

For more information, please contact one the following locations

BAART Programs:

301 Harris Ave suite A

916-649-6793

6127 Fair Oaks Blvd.

916-974-8090

MedMark Treatment Centers:

7240 East Southgate Dr. Suite G

916-330-3747